

PACKAGES

Instant Bliss

These 25-minute treatments are a great way to carve a little me-time into your day. Create your own bliss by choosing two treatments for \$150 from the list below:

- ◆ Peppermint Foot Treatment
- ◆ Targeted Massage (neck, back and shoulder)
- ◆ Back and Arm Sugar Scrub
- ◆ Hair and Scalp Treatment

This package is meant to be utilized by one person in one day.

Urban Escape

A 50-minute Traditional Swedish Massage and 50 minute Hydrating Facial are combined to offer a full wellness experience from head to toe. This package is meant to be utilized by one person in one day. Makes for a great gift, too!

2 hours \$300

Soothe for Two

Share the ultimate in pampering with a friend or loved one—a luxurious, two-hour indulgence starting with the Razul Steam Experience and finishing with a 50-minute couples' Swedish massage.

2 hours \$420 (call for availability)

Packages are not in conjunction with any discount, special or offer.

SPA ETIQUETTE

Spa Arrival*

We ask that you arrive 30 minutes prior to your service at the Éilan Spa. This enables you to experience our spa facilities as well as ensure you are on time for your treatment. Please note that arriving late to your treatment will result in your treatment time being shortened as to accommodate the next guests so they are not delayed. Locals are invited to valet park at the Éilan Hotel as any Spa treatment at least 50 minutes in duration will enable the guest's parking to be validated, thus complimentary.

Spa Attire*

Please arrive for your day comfortably clothed. For spa treatments we do provide spa robes and slippers for our guests as well as individual lockers. For treatments, you may disrobe to your comfort level; please note that you will be professionally draped at all times. We do however ask that you leave any valuables at home as we are not responsible for lost or misplaced items.

Facilities*

Guests enjoying spa treatments of 50 minutes or more are invited to enjoy full-day use of our beautiful men's and women's locker facilities, relaxation areas, rainfall showers and eucalyptus steam rooms; robes and sandals are provided. Ask about renting out our couples treatment areas to extend your enjoyment with your loved one. Room rentals start at \$75 per half hour.

**Call for updated information.*

Courtesy

During your time with us at the Éilan Spa we do ask that you keep your phone ringers on silent and refrain from using your cell phones or other electronics to ensure each guest's privacy. Also, while enjoying the facilities we ask that you respect other guests and keep voices low for conversations. The Éilan Hotel & Spa are smoke-free environments, which includes vaping and e-cigarettes.

Reservations

To ensure your preferred type of treatment and time frame we request that you book your spa treatments at least one week in advance.

Dining

Our Éilan Spa menu focuses on healthier fare with locally-sourced produce for heart-healthy dining options packed with anti-oxidants. On-site dining options include the Mercato Café and Sustenio Restaurant.

Cancellations

We request a 4-hour notice of cancellation or rescheduling of services to avoid a charge. All services that are not cancelled/rescheduled within this time frame will result in a charge of the full value of each treatment.

Gratuities

For your convenience a 20% gratuity is added to each treatment.

Age Requirement

Éilan Spa patrons are required to be at least 18 to receive a spa treatment or be in our locker room facilities. However, children as young as five can receive services in the Éilan Spa.

**For questions or to book treatments call:
210.598.2991**



Relax and Rejuvenate

Texas
Style

SPA HOURS*

Daily 10AM – 5PM

**Spa hours may change seasonally or during holidays.*

Please contact the spa for more information.

210.598.2991

Indulge your senses and soothe your body and mind with a range of world-class treatments and an abundance of warm, Texas hospitality found at Éilan Spa. Immerse yourself in a flowing atmosphere of complete calm, where a welcoming staff of highly-skilled therapists provide personalized spa services designed to heal, de-stress and revive. Leave feeling relaxed, renewed, refreshed and rejuvenated.

Book some me-time with us today, because *you deserve to feel wonderful.*

MASSAGE TREATMENTS

Aromatherapy Relaxation Massage

Relax and restore with this aromatherapy massage and targeted hot stone treatment melting away your neck and shoulder tension. This deeply relaxing massage is a light to medium pressure and helps regulate sleep, increases circulation and decreases the effects of stress.

50 Minutes \$160 | 80 Minutes \$210

Deep Tissue Massage

Using a deeper pressure to work through muscle tension, this massage is perfect for anyone who is active, regularly receives massage and wants targeted work to increase muscle mobility.

50 Minutes \$160 | 80 Minutes \$210

Weekend Warrior Massage

Range of motion and assisted stretching are added to your deep, full-body massage to enhance athletic performance. Stretching in combination with massage allows your body to build more lean muscle mass. This massage is perfect for athletes post-workout, or for someone needing a deeper massage to enhance mobility.

80 Minutes \$210

Traditional Swedish Massage

If you are new to massage or just looking to relax, this is the right treatment for you. Long, flowing massage strokes make this massage extremely soothing yet effective in increasing circulation. Relax and unwind as the tensions of the day disappear.

50 Minutes \$150 | 80 Minutes \$200

Mom to Be Massage

Moms to be are pampered with this relaxing prenatal massage. From the second trimester on, we help to bring comfort to expectant mothers with this comforting sideline massage. Keeping the spine aligned helps alleviate pressure and allows the therapist to address muscle soreness and tension.

50 Minutes \$150 | 80 Minutes \$200

Hot Stone Massage

This deeply relaxing massage is deep tissue without feeling like it. Using massage oil, warmed basalt stones are used to melt away muscle tension. Warm, moist heat is highly effective in relieving physical symptoms of stress and enhancing sleep.

50 Minutes \$160 | 80 Minutes \$210

Custom Comfort Massage

Customize your massage with any two of the below enhancements to make this truly a unique experience tailored specifically for you:

- ◆ Scalp and Hair treatment
- ◆ Peppermint Foot treatment
- ◆ Aromatherapy Enhancement
- ◆ Hand and Forearm Treatment

80 Minutes \$210

SKIN CARE

Custom Comfort Facial

Customize your facial with the addition of any two of the below enhancements to make this a truly unique experience tailored specifically for you:

- ◆ Scalp and Hair treatment
- ◆ Peppermint Foot treatment
- ◆ Décolleté Firming and Restorative Treatment
- ◆ One area facial waxing (brow, lip or chin)

80 Minutes \$210

Microderm Brightening Facial

Leave your skin refreshed and renewed with this exfoliating facial that combats dull, uneven skin tone and enhances texture leaving your face smooth and glowing.

50 Minutes \$210

Anti-Aging Facial

Help reverse fine lines and uneven skin tone with a highly-effective facial designed to restore elasticity, encourage collagen production, tighten and even skin tone.

50 Minutes \$200

Men's Facial

A nourishing facial formulated specifically for men. After completing an analysis of your skin, a customized treatment plan is designed using high-quality products to cleanse, exfoliate, hydrate and tone. This treatment also incorporates barber-style hot towel applications and includes a detailed neck, arm and shoulder massage.

NOTE: Please *do not* shave 4 hours prior to this treatment.

50 Minutes \$150 | 80 Minutes \$200

Hydrating Facial

Our European-style, classic facial utilizes a gentle line of skincare products suitable for most skin types. This facial will leave your skin dewy, fresh and plumped with moisture and is perfect for anyone new to facials or with sensitive skin. Upon request, a facial waxing can also be added to your treatment.

50 Minutes \$150 | 80 Minutes \$200

BODY TREATMENTS

Radiance Body Polish

Our gentle but effective sugar scrub increases circulation while brightening and toning your skin. After showering, a decadent body butter is applied to hydrate and nourish your skin, leaving it glowing, supple and oh-so-soft.

50 Minutes \$150

Razul Steam Experience

Steeped in tradition, this Arabian body ritual is a self-paced sensory journey designed to detoxify your body, invigorate your skin and clear your mind. It begins with a sugar body scrub followed by a clay body mask and finishes with a moisturizing shea body application. Enjoy this experience alone, with a loved one, or wear a swimsuit and share it with friends.

45 Minutes \$75 per person (up to 3 people)

NAIL SERVICES

Éilan Manicure / Pedicure \$60 / \$80

Pamper yourself with our signature Éilan manicure or pedicure. For anyone seeking more detailed cuticle or callus work, a longer massage and a true spa experience, these services are the perfect pair. After your nails are groomed, you will be massaged, and your treatment concludes with the perfect polish.

Classic Manicure \$45 | Classic Pedicure \$65

Men's Manicure \$40 | Men's Pedicure \$60

Shellac Manicure \$65 | Shellac Removal \$20

French Polish \$20

ENHANCEMENTS

- ◆ CBD
- ◆ Paraffin
- ◆ Hair & Scalp Treatment
- ◆ Aromatherapy
- ◆ Foot Treatment
- ◆ Hand Treatment

